

My Feedback on the 'Focusing on Breathing' Seminar

At Edgar Cayce Study Group On 2/7/12

1. The seminar was Excellent Very Good Good Not useful

2. I will use this technique to relieve my (concern) asthma

3. Comments about the seminar (if any) nice combination of technique and story telling

My Feedback on the 'Focusing on Breathing' Seminar

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1. The seminar was Excellent Very Good Good Not useful

2. I will use this technique to relieve my (concern) family upsets

3. Comments about the seminar (if any) fabulous

Optional: _____

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1. The seminar was Excellent Very Good Good Not useful

2. I will use this technique to relieve my (concern) hopeless optimism

3. Comments about the seminar (if any) humorous to the point

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1. The seminar was Excellent Very Good Good Not useful

2. I will use this technique to relieve my (concern) racing mind tension

3. Comments about the seminar (if any) introduction was too long, great analogies, simplicity very powerful, philosophy

connected for me
@gmail.com

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1. The seminar was Excellent Very Good Good Not useful

2. I will use this technique to relieve my (concern) Sleep